

Type 2 Diabetes

**Asking the right questions helps
you manage your diabetes
with confidence.**



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more info:



**BE PREPARED. ASK
SMARTER QUESTIONS.**

**TAKE THIS WITH YOU TO
YOUR NEXT APPOINTMENT.**

3 QUESTIONS TO ASK MY DOCTOR

- What does my A1c level mean, and what's my goal?
- Can I control my diabetes with diet and exercise?
- What steps can I take to prevent long-term complications?

TRUSTED WEBSITES

- CDC: cdc.gov/diabetes
- Diabetes.org: diabetes.org
- Mayo Clinic: mayoclinic.org

MY QUESTIONS
